

## NURSING

## Graduate profile

## Graduates from this degree will:

- Be capable of providing appropriate technical and professional health care in the nursing field to meet the health needs of the persons they care for, in accordance with the current state-of-the art of scientific knowledge and the levels of quality and safety established in the applicable legal and ethical regulations.
- Plan and provide nursing care directed at individuals, families or groups, oriented towards health results, evaluating their impact through clinical and care practice guidelines, which describe the processes by which a health problem is diagnosed, treated or cared for.
- Understand and apply the theoretical and methodological foundations and principles of nursing.
- Understand a person's interactive behaviour in terms of gender, group or community within their social and multicultural context.
- Learn how to design care systems for individuals, families or groups, assessing their impact and making appropriate changes.
- Have the necessary knowledge to base nursing interventions on scientific evidence and available means.
- Understand individuals without prejudice, taking into account their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, while safeguarding the right to privacy, through confidentiality and professional secrecy.
- Promote and respect the right to participation, information, autonomy and informed consent in the decision-making process of the people cared for, in accordance with the way in which they experience their health and illness process.
- Promote healthy lifestyles, self-care, supporting the maintenance of preventive and therapeutic behaviours.
- Have the sensitivity and resources to communicate effectively with patients and their families, social groups and peers and to promote health education.
- Be familiar with the ethical and deontological code of Spanish nursing, understanding the ethical implications of health in a changing global context.
- Understand the principles of health and social and health care funding and make appropriate use of available resources.

- Set up evaluation mechanisms, considering both scientific and technical aspects as well as quality aspects.
- Work with the team of professionals as the basic unit in which professionals and other staff in healthcare organisations are structured in a single or multidisciplinary and interdisciplinary way.
- Understand health information systems.
- Perform nursing care based on integrated health care, which involves multiprofessional cooperation, integration of processes and continuity of care.
- Understand the strategies for adopting comfort and symptom care measures aimed at patients and their families when applying palliative care that can help alleviate the situation of advanced and terminally ill patients.