



## 4. COMPETENCES.

### 4.1. Summary of generic competences

The **generic competences** of the Bachelor's Degree in Nursing are laid down in Order CIN/2134/2008 of 3 July.

**GC1.** Be capable of providing appropriate technical and professional health care in the nursing field, in accordance with the current state-of-the-art of scientific knowledge and the levels of quality and safety established in the applicable legal and ethical regulations.

**GC2.** Plan and provide nursing care directed at individuals, families or groups, oriented towards health results, evaluating their impact through clinical and care practice guidelines, which describe the processes by which a health problem is diagnosed, treated or cared for.

**GC3.** Understand and apply the theoretical and methodological foundations and principles of nursing.

**GC4.** Understand a person's interactive behaviour in terms of gender, group or community within their social and multicultural context.

**GC5.** Design care systems for individuals, families or groups, assessing their impact and making appropriate changes.

**GC6.** Base nursing interventions on scientific evidence and available means.

**GC7.** Understand individuals without prejudice, taking into account their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, while safeguarding the right to privacy through confidentiality and professional secrecy.

**GC8.** Promote and respect the right to participation, information, autonomy and informed consent in the decision-making process of the persons cared for, in accordance with the way in which they live their health and illness process.

### 4.2. Summary of transversal competences

**GC9.** Promote healthy lifestyles, self-care, supporting the maintenance of preventive and therapeutic behaviours.

**GC10.** Protect the health and well-being of individuals, families or groups cared for, ensuring their safety.

**GC11.** Establish effective communication with patients, family, social groups and peers and promote health education.

**GC12.** Be familiar with the ethical and deontological code of Spanish nursing, understanding the ethical implications of health in a changing global context.

**GC13.** Understand the principles of health and social and health care funding and make appropriate use of available resources.

**GC14.** Set up evaluation mechanisms, considering both scientific and technical aspects as well as quality aspects.

**GC15.** Work with the team of professionals as the basic unit in which professionals and other staff in healthcare organisations are structured in a single or multidisciplinary and interdisciplinary way.

**GC16.** Understand health information systems.

**GC17.** Perform nursing care based on integrated health care, which involves multiprofessional cooperation, integration of processes and continuity of care.



**GC18.** Learn the strategies for adopting comfort and symptom care measures aimed at patients and their families when applying palliative care that can help alleviate the situation of advanced and terminally ill patients.

## 4.2. Summary of transversal competences

**TC1.** Act in an ethical, egalitarian, inclusive, responsible and sustainable way, with oneself, with others (men and women for others), with society (social justice) and with the planet as a whole (environment).

**TC2.** Work collaboratively towards common goals by exchanging constructive feedback, mediating conflicts, sharing knowledge, and assuming commitments and responsibilities, carrying out the role of team leader when required by the situation or context.

**TC3.** Communicate orally and in writing in order to interact effectively with others; expressing and conveying feelings, knowledge, ideas and arguments in a clear, rigorous and convincing manner; using a variety of expressive resources both orally and in writing; using appropriate linguistic resources and formats and adapting to circumstances, types of audience and diverse cultural contexts, using different languages. Multilingual communication also requires intercultural understanding, appreciation of cultural diversity and an interest and curiosity in languages and intercultural communication.

**TC4.** Update one's own learning by questioning usual ways of acting and looking at issues from a critical perspective, reflecting on one's own knowledge and way of learning.