

Physiotherapy

Generic, basic and transversal competences

BASIC AND GENERIC COMPETENCES

BC1 - Demonstrate knowledge and understanding in an area of study that builds on the foundation of general secondary education and is usually at a level that, while relying on advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study

BC2 - Be able to apply the knowledge acquired to their work or vocation in a professional manner and have the skills that are usually demonstrated through the development and defence of arguments and problem solving within their field of study.

BC3 -Have the capacity to collect and interpret relevant data (normally within their specialist study field) to make reasoned judgements that include reflection on relevant social, scientific or ethical issues.

BC4- Convey information, ideas, problems and solutions to specialist groups or the general public.

BC5 -Develop the learning skills needed to undertake further study with a high degree of autonomy.

GENERIC COMPETENCES

GC1 - Know and understand the morphology, physiology, pathology and behaviour of healthy and sick people in the natural and social environment.

GC2 - Know and understand the sciences, models, techniques and instruments on which physiotherapy is based, structured and developed.

GC3 - Know and understand the physiotherapeutic methods, procedures and actions, aimed both at the actual therapy to be applied in clinical practice for re-education or functional recovery, and at carrying out activities designed to promote and maintain health.

GC4 - Acquire adequate clinical experience to develop intellectual abilities and technical and manual skills; acquire ethical and professional values; and build the capacity to integrate the knowledge acquired. At the end of their studies, students will be able to apply this knowledge to specific clinical cases in the hospital and out-of-hospital setting, as well as in primary and community care.

GC5 - Assess the functional status of patients, considering physical, psychological and social aspects.

GC6 - Perform diagnostic assessment for physiotherapy treatment according to internationally recognised standards and validation tools.

GC7 - Design a physiotherapy intervention plan according to suitability, validity and efficiency criteria.

GC8 - Implement, lead and coordinate a physiotherapy intervention plan using one's own therapeutic tools and taking into account users' particular needs.

GC9 - Assess the evolution of the results obtained with the treatment with regard to the objectives set.

GC10 - Prepare a physiotherapy care discharge report once the proposed objectives have been met.

GC11 - Provide effective physiotherapy care, giving comprehensive care to patients.

GC12 - Intervene in the areas of health promotion, prevention, protection and recovery.

GC13 - Know how to work in professional teams as the basic unit in which professionals and other staff in healthcare organisations are structured in a single or multidisciplinary and interdisciplinary way.

GC14 - Incorporate the ethical and legal principles of the profession into professional practice and integrate social and community aspects into decision-making.

GC15 - Participate in the development of physiotherapy care protocols based on scientific evidence, promoting professional activities to encourage research in physiotherapy.

GC16- Perform nursing care based on integrated health care, which involves multiprofessional cooperation, process integration and continuity of care.

GC17 - Understand the importance of updating the knowledge, skills, abilities and attitudes that make up the professional competences of physiotherapists.

GC18 - Acquire clinical management skills that include the efficient use of health resources and develop planning, management and control activities in the care units where physiotherapy care is provided and its relationship with other health services.

GC19 - Communicate effectively and clearly, both orally and in writing, with users of the health system as well as with other professionals.

TRANSVERSAL COMPETENCES

TC1 - Act in an ethical, egalitarian, inclusive, responsible and sustainable way with oneself, with others (men and women for others), with society (social justice) and with the planet as a whole (environment).

TC2 - Work collaboratively towards common goals by exchanging constructive feedback, mediating conflicts, sharing knowledge, and assuming commitments and responsibilities, carrying out the role of team leader when required by the situation or context.

TC3 - Communicate orally and in writing in order to interact effectively with others; expressing and conveying feelings, knowledge, ideas and arguments in a clear, rigorous and convincing manner; using a variety of expressive resources both orally and in writing; using appropriate linguistic resources and formats and adapting to circumstances, types of audience and diverse cultural contexts, using different languages. Multilingual communication also requires intercultural understanding, appreciation of cultural diversity and an interest and curiosity in languages and intercultural communication.

TC4 - Update one's own learning by questioning usual ways of acting and looking at issues from a critical perspective, reflecting on one's own knowledge and way of learning.