

4.3. Summary of specific competences

The specific competences of the Bachelor's Degree in Nursing are laid down in Order CIN/2134/2008 of 3 July. Specific competences to be developed by students:

1. Common Core Module:

- SC1.1. Understand and identify the structure and function of the human body.
- SC1.2. Understand the molecular and physiological bases of cells and tissues.
- SC1.3. Understand the use and indications of healthcare products related to nursing care.
- SC1.4. Gain an understanding of the different groups of medicines, the principles for their authorisation, use and indication, and their mechanisms of action.
- SC1.5. Use medicines, assessing the expected benefits and the associated risks and/or effects arising from their administration and consumption.
- SC1.6. Understand and assess the nutritional needs of healthy people and those with health problems throughout the life cycle to promote and encourage healthy eating behaviour patterns.
- SC1.7. Identify the nutrients and foods in which they are found.
- SC1.8. Identify the most prevalent nutritional problems and select the appropriate dietary recommendations.
- SC1.9. Apply health care information and communication technologies and systems.
- SC1.10. Understand pathophysiological processes and their manifestations, and the risk factors that determine the states of health and disease in the different stages of the life cycle.
- SC1.11. Identify people's psychosocial responses to diverse health situations (in particular illness and suffering), taking appropriate actions to provide help in these situations.
- SC1.12. Establish an empathetic and respectful relationship with patients and their families, in accordance with the person's situation, health problem and stage of development.
- SC1.13. Use strategies and skills that enable effective communication with patients, families and social groups, as well as the expression of their concerns and interests.
- SC1.14. Recognise life-threatening situations and know how to perform basic and advanced life support manoeuvres.
- SC1.15. Understand and identify the psychological and physical problems derived from gender-based violence to enable students to prevent, early detect, assist and provide rehabilitation and care for the victims of this form of violence.

2. Nursing Science Module:

- SC2.1. Identify, integrate and relate the concept of health and care from a historical perspective in order to understand the evolution of nursing care.
- SC2.2. Understand the evolution of the key concepts that make up the nursing discipline from an ontological and epistemological perspective, as well as the most relevant theoretical models, applying scientific methodology in the care process and developing the related care plans.
- SC2.3. Apply the nursing process to provide and ensure the well-being, quality and safety of the people being cared for.
- SC2.4. Understand and apply the principles underpinning comprehensive nursing care.
- SC2.5. Provide, direct, assess and deliver comprehensive nursing care to individuals, families and the community.

- SC2.6. Have the ability to describe the fundamentals of primary health care and the activities to be carried out to provide comprehensive nursing care to individuals, families and the community
- SC2.7. Understand the role and activities and cooperative attitude to be developed by professionals in a Primary Health Care team.
- SC2.8. Promote the participation of individuals, families and groups in their health-illness process.
- SC2.9. Identify health-related factors and environmental problems to attend to people in situations of health and illness as members of a community
- SC2.10. Identify and analyse the influence of internal and external factors affecting the health status of individuals and groups.
- SC2.11. Apply the necessary methods and procedures in their field to identify the most relevant health problems in a community.
- SC2.12. Analyse statistical data referring to population studies, identifying the possible causes of health problems.
- SC2.13. Educate, facilitate and support the health and well-being of community members whose lives are affected by health problems, risk, suffering, illness, disability or death.
- SC2.14. Learn about health disorders in adults, identifying the manifestations that appear in their different phases.
- SC2.15. Identify the care needs derived from health problems.
- SC2.16. Analyse the data collected in the assessment, give priority to adult patient problems, establish and implement the care plan and evaluate it.
- SC2.17. Perform nursing care techniques and procedures, establishing a therapeutic relationship with patients and their relatives.
- SC2.18. Select interventions aimed at treating or preventing problems arising from health deviations.
- SC2.19. Have a cooperative attitude towards the different team members.
- SC2.20. Identify the characteristics of women in the different stages of the reproductive cycle and in the climacteric period, and the alterations that may occur, providing the necessary care at each stage.
- SC2.21. Apply general care during the maternity process to facilitate the adaptation of women and newborns to new demands and prevent complications.
- SC2.22. Understand the specific aspects of neonatal care.
- SC2.23. Identify the characteristics of the different stages of childhood and adolescence and the factors that determine the normal pattern of growth and development.
- SC2.24. Learn about the most frequent health problems in childhood and identify their manifestations.
- SC2.25. Analyse children's assessment data, identifying the nursing problems and complications that may arise.
- SC2.26. Apply the techniques that make up nursing care, establishing a therapeutic relationship with children and their carers.
- SC2.27. Select interventions aimed at healthy and sick children, as well as those derived from diagnostic and treatment methods.
- SC2.28. Be able to provide health education to parents or primary caregivers.
- SC2.29. Understand the changes associated with the ageing process and their impact on health.
- SC2.30. Identify the structural, functional, psychological and lifestyle changes associated with the ageing process.
- SC2.31. Understand the most frequent health problems in the elderly.
- SC2.32. Select care interventions aimed at treating or preventing health problems and their adaptation to daily life through local resources and support for elderly people.
- SC2.33. Understand the Spanish Health System.
- SC2.34. Identify the characteristics of the managerial function in nursing services and care management.
- SC2.35. Understand and be able to apply group management techniques.



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SC2.36. Understand the applicable law and the Spanish nursing code of ethics and conduct, inspired in the code of ethics and conduct for European nursing.

SC2.37. Provide care, ensuring the patient's and family's right to dignity, privacy, intimacy, confidentiality and decision-making capacity.

SC2.38. Individualise care considering age, gender, cultural differences, ethnicity, beliefs and values.

SC2.39. Understand the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing.

SC2.40. Understand palliative care and pain control in order to provide care that alleviates the situation of advanced and terminally ill patients.

3. Internships and Undergraduate Final Year Project Module:

SC3.1. Pre-professional internships, consisting of independent clinical rotations and a final competence assessment held in Health Centres, Hospitals and other care centres. This will enable students to incorporate professional values, care communication skills, clinical reasoning, clinical management and critical judgement, integrating the knowledge, skills and attitudes of nursing into professional practice, based on principles and values, associated with the competences described in the general objectives and in the subjects that make up the degree.

SC3.2. Undergraduate Final Year Project, a cross-disciplinary subject involving the development of a project related to the various subject areas.