

PHYSICAL ACTIVITY AND SPORTS SCIENCES + PRIMARY EDUCATION

Graduate profile

The graduate profile for this **Official Joint Degree Programme (PCEO)** enables students to combine the knowledge and skills gained in both degrees, the Bachelor's degrees in Physical Activity and Sports Sciences and Primary Education. This **double profile** combines sport and education and opens the door to the teaching profession at all stages of education.

Graduates in **Physical Activity and Sports Sciences** are prepared for professional practice, with a broad understanding of physical activities as an essential part of people's quality of life.

This degree aims to ensure that graduates can develop **intervention models** in a **variety of fields** such as motor skills, physical activity and competition sports, health and quality of life, assistance for people with disabilities, physical education for children and adolescents and that of the population as a whole. Other key areas also include support for the social integration of groups with particular characteristics (substance abuse addiction, immigrants, multiculturalism...) and emerging groups requiring physical activity such as elderly people. Physical activity and sport are now internationally recognised as factors which contribute to personal and social development as well as better health and quality of life.

This joint programme focuses on the field of **education**, as graduates also gain a degree in Primary Education.

The Bachelor's degree in **Primary Education** is designed to produce professionals in the field of education, who strive to achieve **quality education in schools**, are engaged in the all-round education of children and who respect, accept and address student diversity by promoting universal accessibility in education. This means an inclusive education based on competence development and conducive to meaningful and functional, scientific and multilingual learning, enriched by the opportunities offered by new technologies.

Likewise, the **Bachelor's Degree in Primary Education** aims to prepare professionals with a sense of ethics, capable of implementing strategies and developing research in an autonomous, well-planned manner, and based on reflective and critical thinking. This will enable them to design significant, creative and innovative intervention strategies that will allow them to meet the educational needs of the diversity of students who are currently part of an inclusive school environment.